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8. Quell the Queasies

Acupressure bands have long been used as a remedy for seasickness, but they haven't always looked so good. Psi Bands are stylish acupressure wrist bands for the relief of nausea. The adjustable bands are waterproof, reusable and drug free. A button, also adjustable, on the underside of the band presses on the Nei-Kuan acupressure point behind the thumb on the underside of the wrist. Since Psi Bands have no expiration date, simply toss them in a galley drawer and use them when the seas get rough or when an onboard guest gets seasick. For less than \$20, your guest will feel better and look good too. Call 831-373-7712 or visit www.psibands.com for more information.



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9. A better boiler

Galley storage space is always at a premium. The Pack-Away Kettle, by Wacky Practicals, is a folding kettle. Large enough to boil 4 cups of water, the silicone upper part folds into the stainless-steel base, converting the kettle into a 2-by-6-inch pancake. Silicone is a poor conductor of heat, so hot water stays warm longer than in all-metal kettles. It can be used on any standard heating surface. After the cruise, just toss the Pack-Away Kettle into the dishwasher for a thorough cleaning. The \$48 kettle comes in blue, green and red. For more information, or to order the kettle call Wacky Practicals in the United Kingdom at 0800 599-9458, or visit <http://wackypracticals.com>.



10. Safe and secure

There are few more annoying sounds than a wrench sliding across the deck and dropping overboard. Wouldn't it be great to have a handy, secure bag to hold tools and gear? The Deluxe Sea Rail Bag, from Blue Performance, is a UV-protected ripstop bag with a stowable rain cover, two inside pockets and an outer mesh pocket. The bag attaches to lifelines, so it can be relocated securely anywhere on the boat, from the pulpit to the stern rail. At more than 1,400 cubic inches, it can hold a jacket, winch maintenance tools and a drink with room to spare. The Deluxe Sea Rail Bag retails for about \$88, and can be purchased through Defender Marine, www.defender.com or 011-44-0800-628-8225. See the Blue Performance website, www.blueperformance.com for product specifications.

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11. Ouch!

The majority of onboard injuries don't require a full first aid kit. Lifeline's First Aid in a Bottle has everything you need for minor injuries. A variety of bandages, wipes, scissors and more is all packed into a ¾-liter BPA-free water bottle. Designed to address the everyday dings of sailing, this kit will keep daysailors on the water after accidental run-ins with cotter pins and cabin overheads. The kit is \$14.99 worth of Saturday afternoon insurance. For a complete list of contents, and a list of retail outlets, go to www.lifelinefirstaid.com or call 877-377-8243.