

Battle of the Bands

At a glance they could be mistaken for Lance Armstrong's LiveStrong wristbands or any number of fundraising bands. But the Psi Bands and BugBands go on the wrist to make war against motion sickness and bug bites. The Psi Bands harness the ancient medicinal power of acupressure to combat the green wave so common in boating — no pills or patches. The bands are waterproof and adjustable. The BugBands you might have seen last summer. After successfully testing them on the wrists and ankles in the height of mosquito season, we thought they'd be worth a second look as a complement to the Psi Bands.

Essentials: \$19.99 (Psi Band), psibands.com; \$14.95 (for four BugBands), bugband.net.

