

Bring Back ...

THE PLUG-IN TELEPHONE

It's easy to see why you may have ditched your old phone long ago. The length of a phone cord tethers the user to one spot, whereas cordless technology lets you take your call to a comfy chair in the other room. But the retro-ringer offers a serious benefit, despite its lack of techie bells and whistles. Since it just plugs right into the jack and requires no electricity (an eco perk), it's guaranteed to get your call out during power outages or other emergency situations. Added bonus: You'll be hard-pressed to lose a phone that's attached to the wall.

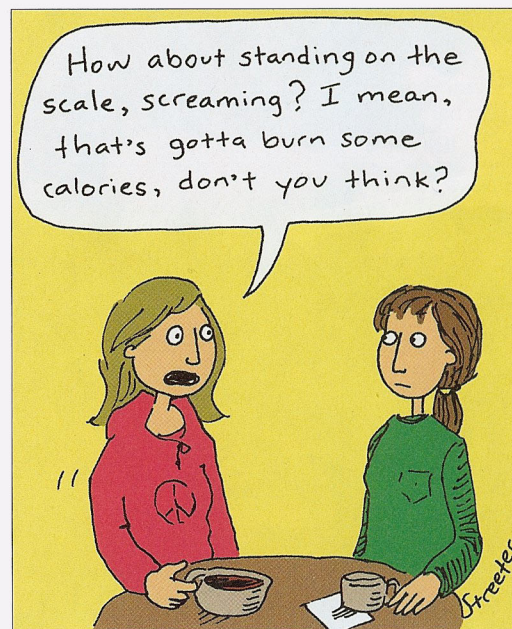


Nausea Busters

If the mere thought of getting jostled in a car turns you a shade of green, give acupressure a try. A growing body of research on this drug-free technique shows that when you apply pressure to a point on the wrists, you can reduce nausea and vomiting associated with motion sickness, surgery, chemotherapy, or pregnancy. Acupressure wrist bands capitalize on this concept, including the latest brand, PsiBands (psibands.com). Created by two morning-sick moms in search of a more attractive solution, these bracelets offer a nice upgrade from the traditional sweatband-style offerings. Adjustable, waterproof, and available in five splashy patterns, PsiBands are a bargain, starting at just \$15. (For more on acupressure, see page 66.)



Comic Relief



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